

Washington State Early Intervention Program

What is the Early Intervention Program?

Early Intervention, historically known as the *Birth to Three Program*, is a statewide program designed to provide developmental support to any child who needs it. Every child under three years old is eligible for an evaluation. The evaluation will help determine if services, including speech therapy, occupational therapy, physical therapy and more, are recommended for your child's growth and development.

Is there a cost for these services?

The evaluation is at no cost to your family. If your child requires ongoing services and therapy after their evaluation, your insurance may be accessed and you may be responsible for some of the cost, based on income. It is best to discuss this with your Early Intervention center, as they will be best equipped to provide a realistic picture of possible costs.

How do we start?

The first step is to contact an Early Intervention group for an evaluation. The group your child will see depends on your address, as each group is assigned a coverage area. Some areas will have multiple options, while many have only one. Check the list below to see which group(s) service your area. If you're unsure, contact the group closest to where you live, and they will direct you elsewhere if needed.

Allegro Pediatrics will often send a referral and medical records if your provider has recommended your child be seen by an Early Intervention group. Please be aware that a referral is <u>not</u> required for you to get started. You can request an evaluation for your child at any time, without a referral from Allegro. Simply contact the Early Intervention group that services your location.

Once you've contacted a group, they will schedule an evaluation for your child. The results will determine if your child is eligible for services.

Once You Get Started

If your child qualifies for services: The Early Intervention provider will then work with you to construct a care plan, including which services will benefit your child and how often these services are needed. Be aware that your child will have regular reevaluations. These re-evaluations will help determine if any adjustments to their services are needed and when they are ready to exit the program. If your child reaches age three and is still in need of services, care transfers to your local school district. Your Early Intervention provider will help with this process when the time comes.

If your child does not qualify for services: An evaluation may determine your child does not need further intervention. If your child does not qualify but you still have concerns, please contact your Allegro provider to discuss the next steps.

Early Intervention/Birth to Three Centers

Kindering Center (Bellevue, Bothell, Renton)

- (425) 747-4004 | www.kindering.org
- Services most of the Eastside, from Bothell to the northern half of Renton, and east to cover Redmond, Sammamish, and Issaguah

Children's Therapy Center (Kent, Burien, Maple Valley)

- (253) 854-5660 | www.ctckids.org
- Services most of south King County, including most of Renton, Burien, Tukwila, Kent, Auburn, Maple Valley, Covington, Enumclaw

Encompass (Snoqualmie/North Bend)

- (425) 888-3347 | www.encompassnw.org
- Services Duvall, Carnation, Snoqualmie, North Bend, and parts of Sammamish and Issaquah

Wonderland Child Services (Shoreline & Bothell)

- (206) 364-3999 | <u>www.wonderlandkids.org</u>
- Services Shoreline, Edmonds, and surrounding areas

Childstrive (Everett and Lynnwood)

- (425) 245-8377 | www.childstrive.org
- Services Everett, Lynnwood, and surrounding areas in King and Snohomish County

Boyer Children's Clinic (Seattle)

- (206) 325-8744 | www.boyercc.org
- · Services Seattle, between Shoreline and Burien/Tukwila

Birth to Three Developmental Center (Federal Way)

- (253) 874-5445 | www.birthtothree.org
- Services south King County (primarily Federal Way); parts of Pierce County

Snohomish County Early Intervention

- (425) 388-7402 | earlyinterventionprogam@snoco.org
- A free resource to help Snohomish County residents navigate Early Intervention services

Sherwood: Supporting Disabilities (Lake Stevens)

- (425) 334-4071 | <u>www.sherwoodcs.org</u>
- Services Lake Stevens and Monroe